





Massages


Advanced Aesthetic

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 **9:00h – 21:00h**
9:00h – 20:00h (Saturdays)

More than 40 years offering
health and well-being.
*Take a deep breath and enjoy
some me-time.*



Massages

Massage of your Choice

We massage your feet using foot reflexology and give you a full body massage, front and back, up to your head using Synergy and and Balsamic Cream with Oil.

Relaxing

Releases tension, relaxes your body and restores movement to joints.

Tension Relief

Take a moment to relax. Relaxing technique using slow, gentle movements.

1h 30min **95€** 1h 15min **80€** 1h **64€** 30min **45€**

Back, neck, head

Specific massage for a healthy back to avoid pain, tension and spasms in back, neck and head. 1h **64€**

Manual Lymphatic Drainage

Combination of slow, gentle, rhythmic movements. Acts directly on the lymphatic system for removing toxins and essential for your body's immune system. 1h **85€**

Beauty

Facial Premium

The best defence against stress and external damage. A personalise anti-aging treatment. 1h 15min **95€**.

Radiance & Beauty Facial

Personalised facial treatment with aromatherapy to flaunt beautiful, hydrated and healthy skin. 1h 15min **85€**.

Silky Skin Ritual

Renews and deeply hydrates skin on your body. Exfoliation and deep hydration. Green Tea or Karité. 1h 15min **95€**.

Detox Time

Ideal to help your body eliminate toxins. Lymphodraining synergy, Green Tea exfoliation, mechanic lymphatic drainage (pressotherapy) and Foot Reflexology. 1h 45min **130€**.

Complete your treatment with:

- Beauty Flash Facial Treatment 30 min **45€**
- Lymph-draining massage 20 min **35€**
- Pressotherapy 45 min **25€**