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 **9:30h – 20:00h**  
**9:30h – 14:30h** (Saturday)

More than 45 years offering  
health and well-being.  
*Take a deep breath and enjoy  
some me-time.*

# Massages

Advanced Aesthetic



# M a s s a g e s

## Massage of your Choice

We massage your feet using foot reflexology and give you a full body massage, front and back, up to your head using Synergy and and Balsamic Cream with Oil.

### Relaxing

Releases tension, relaxes your body and restores movement to joints.

### Tension Relief

Take a moment to relax. Relaxing technique using slow, gentle movements.

1h 30min **105€** 1h 15min **85€** 1h **69€** 30min **45€**

## Back, neck head

Specific massage for a healthy back to avoid pain, tension and spasms in back, neck and head. 1h **69€**

## Drainage Lymphatique Manuel

Combination of slow, gentle, rhythmic movements. Acts directly on the lymphatic system for removing toxins and essential for your body's immune system. 1h 30min **120€**

# B e a u t y

## Facial Premium

The best defence against stress and external damage. A personalised anti-aging treatment. 1h 15min **98,5€.**

## Radiance & Beauty Facial

Personalised facial treatment with aromatherapy to flaunt beautiful, hydrated and healthy skin. 1h 15min **98,5€.**

## Silky Skin Ritual

Renews and deeply hydrates skin on your body. Exfoliation and deep hydration. Green Tea or Karité. 1h 30min **120€.**

## Detox Time

Ideal to help your body eliminate toxins. Lymphodraining synergy, Green Tea exfoliation, mechanic lymphatic drainage (pressotherapy) and Foot Reflexology 1h 45min **165€.**

## Complete your treatment with:

- Beauty Flash Facial Treatment 30 min **45€**
- Lymph-draining massage 20 min **35€**
- Pressotherapy 45 min **25€**